



5 SIMPLE STEPS TO ACTIVISM

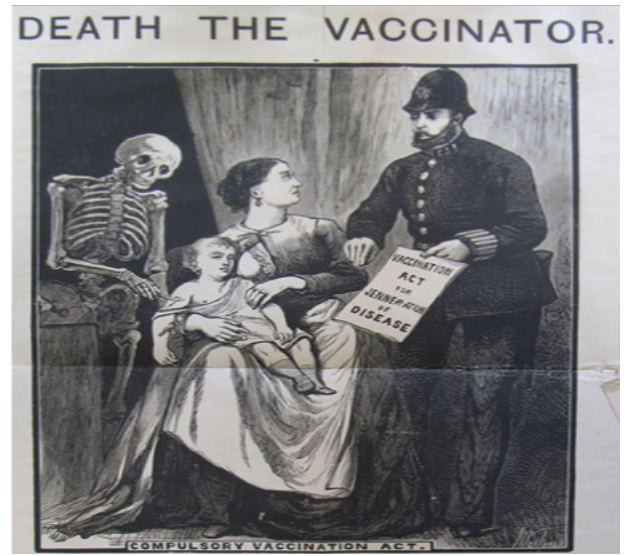
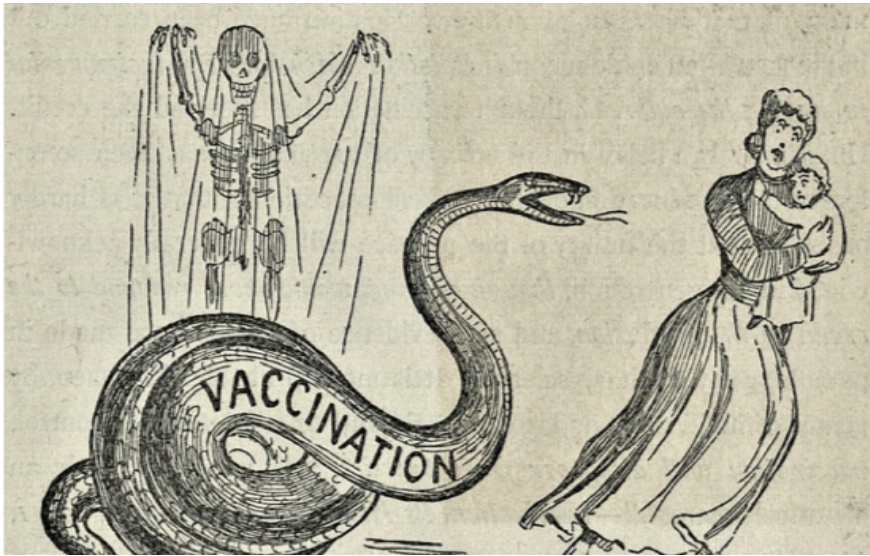
Welcome fellow freedom fighter to your simple guide to creating positive change in the world!

This is Book 1 of a triple E-Book series, dedicated to anyone who wishes to positively influence humanity and the world, focusing on 3 different areas. This issue is dedicated to modern day activism: the nuts and bolts and the ground work.

Activism has evolved in the 21st century and if we are to be the most effective freedom fighters we can be, we would be wise to utilise all the perks this modern era offers.

Before arriving at the present day, let's quickly look back into the history of UK activism. It's in our interest not to forget that in the UK our ancestors have fought against vaccine mandates before and, after decades of battle, we eventually won! Search for 'National Anti-Vaccination League' online and take a look at how the UK 'did' activism back then.

Check out these 1800's - style memes



Our predecessors were fighting without the internet, mobile phones, social media, laptops or cars!

Organising movements even in present day is an effort in itself, even if we currently exist in a time in humanity's history where the dissemination of information has never happened at such a fast rate. A post on social media can reach thousands in minutes. We have such huge advantages compared to freedom fighters of the past, yet it's not only us with this advantage. The megalithic media empire that is 24/7 pumping out the narrative into every possible avenue, dwarfs what was attainable in the late 1800's. However, the grip the media has on people's spirit is waning...

It is up to us to take advantage of the fantastic opportunities available to us. We really must put in the effort to wake others up to participate in this information war if we are to live in a truly free society. But many are hopelessly within the narrative that no amount of light/knowledge can shake them from their slumber. Fortunately there exists a large part of humanity which is expectantly waiting to hear an alternative perspective outside of the narrative.

Those people are waiting for you! They are exactly the people we should be targeting to 'recruit'. An alternative worldview put across in the right way can really change someone's perspective, which can then change someone's entire life.

Imagine coordinating and organising groups all up and down the country without all of these present day technological advances? Yet it was attempted and it worked, so we have no excuse!

Now, let's focus on the physical actions we can all take to do our part in the modern day information war in which we find ourselves.

This war is fought not with bullets, bombs and tanks. It is fought with memes, leaflets, videos, music etc...



The 5 steps

1. Local Outreach
2. Protests
3. Researching
4. Creating Content
5. Being A Leader

Local Outreach

This is something that can be done alone, with a team mate or even as a group. Each dynamic offers its own benefits. Methods include actions like leafleting, doing surveys, knocking door to door, holding signs. The “yellow board movement” that originated in France and became Rebels on Roundabouts in the UK is a great example of co-ordinated group outreach.

It takes confidence to do this alone; you have to be ok with rejection and being able to handle people who have a different opinion on the message you are trying to relay. Most people who disagree won't be any trouble. However, on rare occasions you may encounter people who will be brash and outright rude when you challenge their belief system. Nobody said on the front line the fight for freedom wouldn't present us with a few skirmishes!

Overwhelmingly however, this is a positive and beneficial exercise and can even lead to making new connections. Different locations seem to determine how “up for a chat” the locals will be.

Although presenting less opportunities to engage with people, I have found in quieter towns, that the folk who you do engage with seem much more up for a conversation.

A good chat with the right person can make all the difference. Sometimes all people need is an alternative to the narrative presented in a nice way that doesn't just saturate them in fear or challenge their deeply held beliefs too much. Also, it's an art in itself in how we communicate with others. It takes practice.

There is little use in using a patronising tone and talking down to others. Nobody is going to appreciate that. The better approach is one of mutual respect, simply sharing your point of view in a calm, confident manner whilst then listening to what people have to say back.

Talking to people immersed in the narrative about the narrative can sometimes help us understand the narrative. This then gives us the opportunity to learn more about what we know. To effectively explain our beliefs. Giving reasons why we think this way. I love a good well-mannered debate with someone who has opposing beliefs to me.

So what are you waiting for? Grab some leaflets, make some signs and get into your local community!

Protests

Protesting has been a part of British culture for centuries! It's no surprise then that during the anti-lockdown protests throughout 2021 that hundreds of thousands of people gathered together and marched for freedom.

Protesting is a great way to not only have our voices heard and raise awareness on key issues it is also a brilliant method to connect with likeminded individuals. It is also inspiring, especially when in huge numbers, and incredibly refreshing to know you are not alone in your way of thinking. A great morale boost can be attained from attending such events.

That's not to say every protest has to have huge numbers to be effective. What's great to also see are protests happening on a local level with people taking the organisation of them into their own hands and building up local networks to achieve this.

What is also needed at an organisational level, no matter how big or small a protest is planned, is a team of people at the centre who will decide where and when. This job is not for everyone and what is key for this role is leadership - something that will be covered more in point 5.

Anyone can be a leader in their own right, however for organisational purposes it is essential that we band together under the right people to listen to their plan for the day.

Having had experience leading marches of hundreds of thousands it's no easy feat I assure you. Trying to tell the most rebellious members of society what to do can be a challenge! However, if the very front of a march can be 'tamed' and guided in the right direction the rest will naturally follow.

A megaphone and high vis clothing are essential for leading large crowds as people gravitate to anyone who looks like they know what they are talking about. I learned the power of high vis the hard way when I went blue in the face one march trying to get people to follow the route. Most of us made it to the end point eventually!

Smaller marches or static protests most likely won't have to worry too much about these issues as they are much easier to manage. The trend now seems to have very much gone towards marching though. It does make sense as more people are reached when the crowd is on the move and people like the buzz that comes with marching with an army of freedom fighters.

Researching

Now we switch from the front lines to what is usually the first steps any freedom fighter takes to first 'wake up'. From the glorious battle ground we call the streets, to the quiet, hidden side of activism that is by no means less important.

If I was to outline key subjects every seeker should have at least a basic understanding of, they would be:

- The monetary system & debt enslavement
- The political system & lobbying by companies/hidden interests
- Food production & water treatment - Water Fluoridation, Factory Farming
- The pharmaceutical complex - Natural Remedies suppressed by big pharma

Basic knowledge of these subjects provide a great foundation to begin one's researching journey. There is near infinite information to digest so choose your subjects wisely and be wary of falling down negative fear spirals and rabbit holes.

I will never forget the light bulb moment I had when I first "woke up". I was reading an article whilst I should have been working at an office job, that I had begun to hate, back in late 2012. Never could I have guessed how much my life was going to change from that moment onward.

Researching is often something a newly awakened person does with great passion and excitement after having just discovered a whole new previously hidden reality. The modern world brings to our fingertips seemingly infinite information. For a newly awakened person navigating this overgrown digital wilderness it can be a bit daunting.

A skill which needs to be developed to guide us is critical thinking. The ability to come across information and to then contemplate it, perhaps even tapping into some higher mind to really know if something is true. Even then, we can be wrong many times before we are right. It's good to share our ideas with other people traveling the same path to bounce off each other and see what's what.

I have gone down many rabbit holes and often only after some time later have I realised I have been wrong about certain facts or had perspectives on this reality that were misaligned and did not serve my highest nature.

Our enemies know for sure about how vulnerable the newly awakened can be and often coat truth with lies to lure the seeker in. Also what I have noticed is a perspective that serves us in one part of our lives may be completely useless further down the road so it's good to not be too hard on ourselves when we are wrong or be too attached to our belief systems. Be malleable to new information, ideas and perspectives when they arise.

I can remember thinking many times I have 'got this all figured out' to only have my entire worldview completely shattered and rebuilt! This process can be very challenging or it can be very exciting and rewarding as we try to feed our endless passion for learning.

Creating Content

One of the most powerful things any activist can do is tap into their creativity and bring new content into this world, whether it be videos, memes, articles, music, art, or ideas. Creativity fosters the development of our highest potential.

Our enemies cannot control our creativity and the only limits are our resources (time, energy or money) and our imagination.

With the power of the internet, the right content created at the right time can reach millions so quickly, rippling through the human consciousness and elevating us all in the process.

It could be a video or podcast with information that is just ripe to be devoured by hungry minds and spread like wild fire.

It could be a music track that touches the hearts of people and inspires them to take action, to better themselves or to love others more fiercely. Music can increase our human connections and builds bonds beyond this physical world.

The right meme may end up being shared around the entire world, endlessly circulating and uplifting everyone who comes across it.

Why do you think Facebook spent many thousands of pounds just to generate AI that could help tackle those pesky memes? Do you think they would do that if simple memes posed no threat to them? Of course not. Even our ancestors knew the power of memes centuries ago!

Whatever flavour your talent is, it's guaranteed there is something you can create that will help your cause. If you haven't found something yet, why not try experimenting with a new skill? You may surprise yourself.

Leadership

Being a leader is something often thwart with stigma and many don't even like to call themselves a leader when clearly, they are! In fact, I believe there is a leader somewhere in all of us. Sometimes it's good to listen to another leader when they speak sense and have a good plan/idea. Some of us can lead in certain areas better than others.

Being a leader involves making decisions. Sometimes these choices are very difficult especially when many people can be indirectly or directly affected by them. Sometimes you have to make hard decisions that will offend some people but will benefit the greater good in the long term. Stand firm when you believe you are making the right decision but take plenty of time to contemplate and ask for guidance if making big decisions and you are not sure. I remember a time I rushed a very important decision about having to reduce team member sizes and it came back to haunt me. Things actually worked out well for the most part in the long term but I definitely could have handled things better. It's all a learning curve. Listening to a good leader with experience can save a lot of unnecessary hardship as you can learn from their mistakes.

Being a leader involves having courage and standing up for what you believe in, even if you stand alone sometimes. Standing up for what you believe in can inspire others, even if not right at that moment. You stand up and you may never see the positive impacts of your work. It's doing what's right without caring if you get thanked for it. It's doing what's right when you may even receive abuse for it!

To be a good leader one needs self-awareness, and to have prioritized personal development so you know yourself and are in great shape emotionally and mentally to handle the stress, generate the best ideas, and be an inspiration for those you lead.

Physical health and general wellbeing also plays a huge part in this, I would also factor in spiritual health for the upper levels of leadership and activism as a whole. This will be covered more in depth in the next addition to this series, 6 simple steps to personal care.

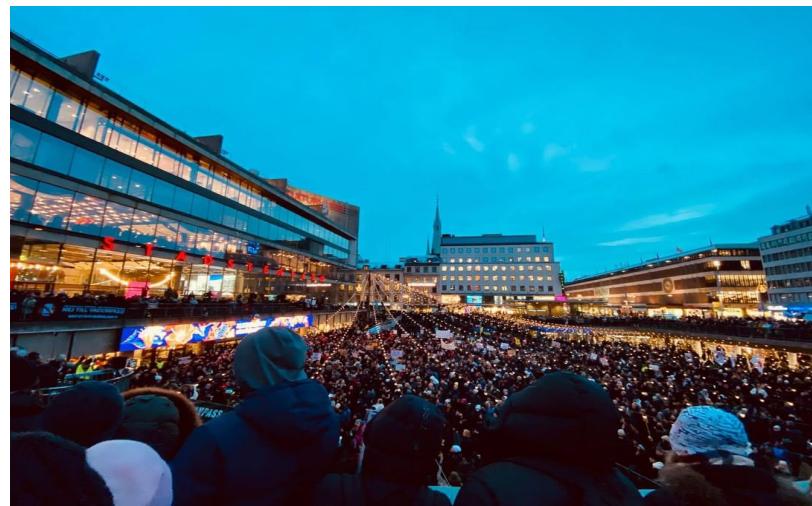
A good leader is able to listen to his fellow leaders and community, able to take criticism but not let it demotivate, and also being able to differentiate between "useless bitching" and actually constructive criticism. People can be used as vessels to try wear down their leaders and just complain that they are not doing things the way they want.

A clear example of this is when on marches that have taken a huge amount of effort/time to organise and then on the day, happy-go-lucky protestors will try hijack the march on route because "they know best" and "who are you to lead?" They totally disregard the fact that there is a set route planned for good reason. I have received much abuse at the front of marches. However, after a while, you begin to develop thicker skin if you didn't have it already, and again I cannot stress enough the importance of high vis. A loud megaphone helps too.

Sometimes there are really good ideas that can come from the community, and if you are in a position of leadership with a team working under you, ensure they know you are the leader, but then listen. Listening is such an important skill; few know how to do it properly. When you actually listen to someone and give them the time of day, so much information can be gathered and the right person will feel valued if you hear their opinions and ideas.

There you have it! You are now better equipped to make positive change in this world.

Good luck out there, freedom fighter; we've got this!



If you have found benefit from this E-book but still would like further guidance, I offer my services as a life coach for those on their awakening/activist/spiritual journey.

Get in touch via:

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